



WATERFORD WRESTLING CLUB

Wrestler and Parent Code of Conduct

- I will do my best in school and ask for help if I am having problems.
- I will not use drugs, alcohol, or smoke cigarettes.
- I will behave in school and in practice.
- I will listen to the coaches and give them respect.
- I will give officials respect.
- I will not argue with officials or other tournament staff.
- I will refrain from using inappropriate language at practice and at tournaments.
- I will use my practice time wisely and make sure to listen to all instruction.
- If I have an issue with the club, I will inform my parents and/or the coaches to make sure they communicate with each other and make them aware of any problems with the club.
- I will always try to give my best and give 100%.

Athlete Signature

I, the parent, have read and understand the code of conduct and made it clear to my wrestler what the code entails. I will help my wrestler understand that failure to follow the code could result in disciplinary measures being taken. I will also follow the code of conduct where applicable to me.

Parent Signature